



# Christ School

## Student Pledge

**As a Greenie and a member of the Christ School Community, I commit to:**

### **Protect Myself:**

1. Monitor myself for the symptoms of COVID-19 and report to the Wellness Center if I experience any of the following:
  - a. Fever of 100.4 or higher
  - b. Dry cough, difficulty breathing, chills, muscle pain, headache, sore throat, or loss of taste and/or smell
2. Frequently wash my hands with soap and water and/or use hand sanitizer

### **Protect Others:**

1. Maintain appropriate physical distancing, especially in classroom settings or in the presence of vulnerable members of the Christ School Community
2. Report to the Wellness Center if I feel ill or after exposure to someone who is ill or has tested positive for COVID-19
3. Wear appropriate face covering (cloth/disposable mask or face shield) and other personal protective equipment (PPE) as directed by the school. Neck gaitors may only be worn outside
4. Be respectful and helpful to all those around me who might be anxious about or more vulnerable to the virus
5. Do not make light of COVID-19 and always respect others' personal space

### **Protect Our Community:**

1. Maintain my self-care through personal hygiene, diet, exercise, and rest
2. Keep my clothing, belongings, dorm room, and shared common spaces clean and orderly
3. Participate in testing and contact tracing as directed by the school
4. Carefully observe all instructional signs and follow all directions

Signature: \_\_\_\_\_

Date: \_\_\_\_\_